

# Muscle in on fund-raising

By MELISSA MEEHAN

WHILE other kids play netball, tennis or even gymnastics, 14-year-old Chante calls physiotherapy her sport.

Faced with weekly physio sessions for the rest of her life, the quadriplegic treats her physiotherapy very seriously – and in turn this has seen some small steps towards her goal to one day drive.

Her dad Robert said it was so exciting to see that muscles in her arms and stomach had started to appear recently.

“For people like us, we don’t think about our triceps,” he said.

“But when Yasemin told me that she could feel some muscles there I was so excited.

“It’s a long journey ahead but she has made some small steps forward.”

After months of working with Hampton Park physio Yasemin Arslan, Chante can sit up by herself for just over a minute.

It’s not bad for someone who could hardly sit by herself for 30 seconds after the accident that led to her injury.

But the long journey ahead means Yasemin and Chante need to start other exercises to keep her muscles strong.

But the equipment needed is very expensive.

So Yasemin and her staff at Back in Motion Physiotherapy are running a raffle fund-raiser



Yasemin works on stretching Chante’s muscles.

Picture: STEWART CHAMBERS

to raise money to be able to buy a wider treatment couch and parallel bars to help Chante.

“It’s something we really need for Chante’s treatment,” Yasemin said.

“We’ve applied for a number of grants, but have been unsuc-

cessful, so we’re hoping the community can get behind us.”

The winner of the raffle will receive a Collingwood team signed football.

Anyone interested in donating can contact Yasemin on 9799 1333.